



मुख्यालय  
HEADQUARTERS OFFICE  
कर्मचारी राज्य बीमा निगम  
EMPLOYEES STATE INSURANCE CORPORATION  
(An ISO 9001:2000 certified organization)  
पंचदीप भवन, सी.आई.जी. मार्ग, नई दिल्ली-2  
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No. U-16/18/1/2007-Med.I

Dated: 11/7/2008

To

The all Secretaries  
(Dealing with ESI Scheme)

**Subject:- Action plan for strengthening Occupational Health Services.**

Sir,

Kindly refer to this office letter No. V-13/12/3/2001-Ceiling Med.I dated 31<sup>st</sup> March, 2008 intimating the allocation of separate budget of Rs.20/- per IP per annum for Health Promotion and Preventive Services.

In this regard, It is informed that Standing Committee in its 179<sup>th</sup> meeting held on 15<sup>th</sup> June, 2008 discussed the strengthening of Occupational health Services under the ESI Scheme and approved the action plan for implementation which is enclosed.

Directorate General Factory Advice service and Labour Institutes (DG FASLI), Ministry of Labour & Employment should be fully & actively involved in the implementation of the Action Plan.

You are requested to take necessary action for implementation of the same in all the ESI Hospitals and Dispensaries.

Yours Faithfully,

*[Signature]*

( DR.S.K.JAIN )

DY.MEDICAL COMMISSIONER

**Copy for information & necessary action to:**

1. All Directors/AMOs of ESI Scheme
2. All SSMCs/SMCs/M.S of ESI Hospitals.
3. D(M)Delhi/D(M)Noida.
4. Medical Branch II & IV, Hqrs. Office.

*[Signature]*

DY.MEDICAL COMMISSIONER

**ANNEXURE - A****ACTION PLAN FOR STRENGTHENING OCCUPATIONAL HEALTH SERVICES****A. Action plan directed towards employees:-**

- i) Identification of hazardous units.  
Each region will identify hazardous industries along with type of risks involved. Regional Office will prepare a list of such industries and employees and make them available to hospitals/dispensaries.
- ii) Workers working in these industries shall be provided Identity Card with specific colour for easy identification.
- iii) There should be a base line health record of workers. This should be ensured before the employees are registered under ESI Act.
- iv) Education of employees about health hazards at work place and preventive measures to be taken at time of medical examination
- v) There should be a periodical check up once in a year for the employees.
- vi) If employee has sign and symptom of disease he should be investigated in detail and necessary treatment initiated.
- vii) Occupational Disease Centres should prepare health files of all suspected cases of occupational diseases and ensure proper follow up treatment.
- viii) Suspected cases and occupational disease cases reported in ODCs should be informed to the Regional Office for referring them to Special Medical Board for confirmation and also to Chief Inspectors of factories as well as the employer in alerting them.
- ix) The occupational disease surveillance team should also visit the industry for assessment of other workers and suggest remedial measure for prevention of OD. The Surveillance Team needs to be properly equipped with vehicles, ambulances, health personnel and diagnostic equipments. The data of the ODCs should be published.

**B. Occupational Health Services directed towards employers.**

- i) Sensitization of employers with specific reference to the risk involved in their respective factories, through interaction, seminars, talks and audiovisual shows leaflets, books etc.

- ii) An Annual Calendar should be prepared for the Employers in the Region for organizing such programmes.

**C. Occupational Health Services directed for Health care providers.**

- i) Training to all categories of staff regarding identification, prevention and treatment of occupational diseases.
- ii) Publishing of training modules, booklets and other necessary material relating to occupational diseases.
- iii) Doctors and para-medical staff working for prevention, early diagnosis and treatment of occupational diseases, doing outstanding work should be rewarded.
- d) Post Graduate courses for occupational health may be included in the list of courses to be started in ESI Hospitals.
- e) Occupational Disease Centres should take up research activities in occupational health. High quality research papers by ESI doctors which are published in reputed National/International Journals should be rewarded by giving cash/kind incentives to concerned doctor.
- f) There is need to bring out norms/standards for uniform assessment of disability arising out of Occupational Disease.
- g) Investigation of Occupational Disease cases along with the disability should be notified to Chief Inspectors of the Factories.

**D. Organising Seminar/Workshops:** For exchange of knowledge and practices being adopted in various countries across the globe, it is necessary to organize high-level national/international workshops/seminars. It is proposed that such workshops/seminars should be organized periodically. During the year 2008-09, it is proposed to organize one high-level international seminar on occupational and environmental health concerns in collaboration with Centre for Occupational and Environmental Health, Maulana Azad Medical College, Delhi and Collegium Ramazzini, Italy. The technical assistance for this high-level seminar will be provided by Maulana Azad Medical College and the expenditure for organizing this will be borne by ESIC.