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PRESS RELEASE

ESIC Hospital, Basaidarapur, New Delhi organized a Health Check-up camp for ESIC Pensioners at Silver Jubilee Hall, on 25.5.2012. The camp was inaugurated by Dr. S.R. Chauhan, Medical Commissioner, ESIC. The function was presided by Dr. H.K. Setia, Director(Medical)Delhi. Dr. Nisha Dhingra, Medical Superintendent, ESIC Hospital, Basaidarapur and officer bearers of Pensioners' Association and other staff member of the hospital and headquarters were also present.

Incidence of Diabetes and hypertensions is continuously increasing. India is going to be the capital of diabetes by 2025. As diabetes and hypertension alone or in combination is predisposing risk factor for atherosclerotic process which lead to Coronary Artery Disease. Cerebro vascular accidents Diabetes is one of the known risk factor to damage the kidney, which lead to CRF & most of the patient required haemodialysis frequently till patient undergo Renal Transplant. All these problems leads to the huge economic burden on the ESIC Corporation.

Keeping in mind the problems of the elderly people a serious thought was given to conduct a comprehensive health check-up camp for the ESIC pensioners.

Around 70 pensioners were registered and after recording their height, weight, they were thoroughly examined by the team of doctors comprising physicians, cardiologist, nephrologists, chest specialist, surgical specialist, ENT specialist, Eye specialist, orthopedic surgeons, dentist etc. Patients were given dietary advice by dietician to prevent and control the risk factors of the disease in the elderly age group and the services of Yoga Teacher and Physiotherapist were also taken to demonstrate day to day physical exercises to prevent the disease of senior citizens.

Among the total registered patients in the camp, 20% have found suffering from Diabetic Mellitus, new & old and 15% were of Osteoarthritis of Knee joint and they may need T.K.R.(Total Knee Replacement) in future besides other problems.

The Employees State Insurance Corporation runs a unique social security scheme which has the feature of an insurance organization as well as service provider for health related needs of the insured persons under the scheme. With over 1.55 crore insured persons under it, ESIC caters to about 6.02 crores beneficiaries within the ambit of the scheme. The Corporation has the largest team of medical and para-medical personnel in India and also has one of the largest medical infrastructures in the world. It has huge infrastructure of 150 Hospitals, 42 Hospitals Annexes, 1403/93 ESI Dispensaries/ISM Units, 1447 Panel Clinics, 799 Branch/Pay Offices and 57 Regional/Sub-Regional/Divisional Offices.

(Pranava Kumar)
Dy. Director(PR)

